

# LONG BENNINGTON MEDICAL CENTRE

## NEWSLETTER



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[www.longbenningtonmedicalcentre.nhs.uk](http://www.longbenningtonmedicalcentre.nhs.uk)

### SYSTEMONLINE

Would you like to book and cancel your appointments, order your repeat medication, and view your medical record online 24/7? Please ask a member of staff about SystemOnline.

SystemOnline is a free service which allows patients the freedom to access their own Electronic Medical Record (EMR) as well as booking appointments and managing their medication at any time, even when the surgery is closed.

To access these services please ask for an application form from reception. Photo ID and separate proof of address will be required.



### BP MACHINE

We have a blood pressure machine, situated behind the green privacy screens, in our waiting room. When you next visit the surgery please feel free to use the machine, which is simple to use. The machine will print out your blood pressure reading and this should be taken to the receptionist so that she can inform your GP. You can use the machine at any time and don't need an appointment. Please ask for assistance if required.



### APPOINTMENTS

About 65 patients do not attend (DNA) their appointment with the GP or Nurse at the surgery every month. We realise that some people make mistakes and a cautionary letter will only be sent to patients if they miss more than one appointment in a 6 month period.



### KEY DATES

#### Closed for training

(1.30pm - 4.30pm)

**Tuesday 13th February 2018**

**Tuesday 13th March 2018**

**Tuesday 10th April 2018**

#### Closed for Easter

Friday 30th March & Monday 2nd April 2018

#### March 2018

Prostate Cancer Awareness Month  
Ovarian Cancer Awareness Month

## PPG

Our Patient Participation Group (PPG) is currently made up of 8 patients who meet with the Practice on a regular basis to discuss the services on offer, and how improvements can be made for the benefit of patients and the practice.

Minutes of the PPG meetings are available to read on the Practice website.

To be representative of our patient population the PPG is particularly looking for new members in any of the following groups:

- aged 16 - 40
- lives in Marston, Foston, Dry Doddington, Bottesford, Sedgebrook, Staunton in the Vale, Stubton

If you would like to consider joining the PPG please email [swlccg.c83067@nhs.net](mailto:swlccg.c83067@nhs.net). and let us know why you want to join the PPG.



**Patient Participation Group**

## CARERS & DEMENTIA



The surgery is committed to identifying carers and offering them the support and care that they need. With the support of Every-One, a Lincolnshire based charity, the surgery is working to

develop and establish a Carers Charter / Quality Standards Award which sets out key principles in the recognition, value and support of carers and has become a recognised symbol of quality Lincolnshire Carers Quality Award 'You Care - We Care'. Our staff have already received carers awareness training.

If you are a family member or paid helper who regularly looks after a child or a sick, elderly, or disabled person - you are a Carer. Please ask Reception for more information about how we can help and support you as a carer.

For more information about Every-One please go to their website <http://every-one.org.uk/>

Alzheimer's Society's Dementia Friends programme is the biggest ever initiative to change people's perceptions of dementia. It aims to transform the way the nation thinks, acts and talks about the condition.

Karen, our Deputy Practice Manager, has trained to become a Dementia Champion and has trained some of our staff to become Dementia Friends and learn more about dementia and the small ways we can help. If you or a family member needs advice or support with dementia please ask a member of staff.

For more information about Dementia Friends please go to their website <https://www.dementiafriends.org.uk/>

### Dementia Friends



## ANNOUNCEMENTS

### Dr Shauna Longfield

She is currently taking a working sabbatical until the end of the year.

### Dr Emma Watson

She is covering for Dr Longfield and works Mon, Wed, Thu and Fridays.

### Healthcare Assistant (HCA)

We welcomed Margaret, our new HCA, at the beginning of January.

### Care Co-ordinator (CC)

Beverley is our new CC taking care of our patients who are frail.